transport workers' union
AVIATION

December 2025

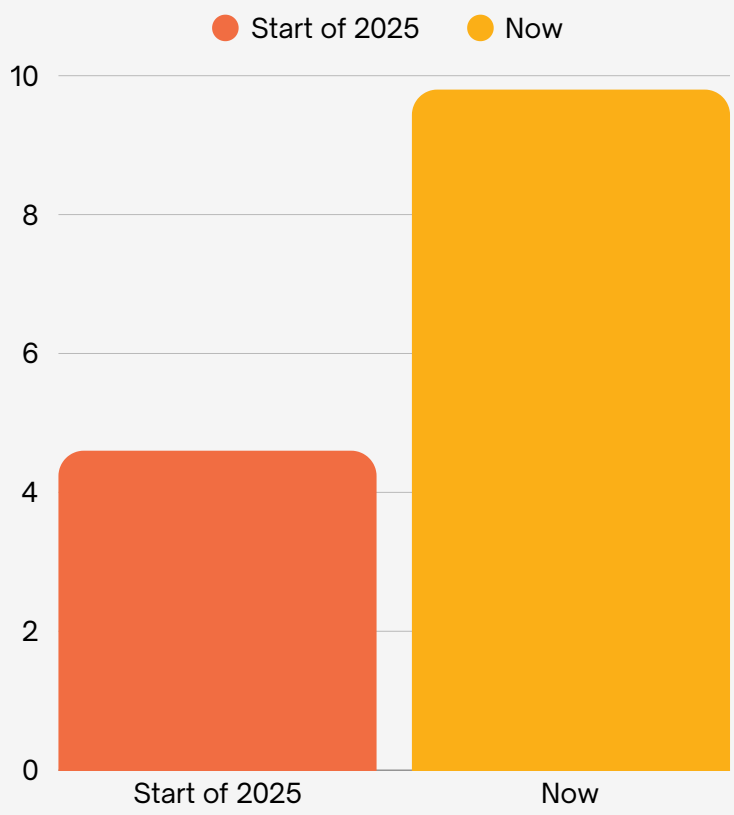
Crew are sending a message – OPT OUT NOW

At the start of the year, only 4.6% of crew opted out of 4-sector duties over 10 hours.

Today? 9.8%. **That's double.**

Since TWU started talking about fatigue and members endorsed the Fight for 10 & 12, we've seen a spike in opt-outs. Crew are standing up.

Virgin implied staff must not be too troubled by duty hours because they don't opt out. **TWU members are proving them wrong.**



Opt-Out Period Is NOW OPEN.

- **Opt-out opens:** Monday 15 December
- **Opt-out closes:** Monday 22 December

You have one week to opt out. Don't miss your chance to protect your roster and wellbeing. Visit the Crew Lifestyle App and opt out using the Work Rules Nomination Form.

What you can do:

Every opt-out says: **we're done with fatigue and excessive hours**. But we're not stopping here.
Let's lock in and push that number even higher.
Opt out. Protect your health. Show your power.
Crew can't wait. We demand change.

Join the TWU today

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